

The Samaritan Woman

A Directed Retreat



Shalom House
Retreat Center

March 5 - 9, 2014

Reservation Information

The fee for the retreat is \$500 and includes four overnights in a private room, all meals, retreat materials and daily sessions with a spiritual director.

Space is limited to 12 participants.

Mail this registration form and a non-refundable deposit of \$100 to reserve your space. Make checks payable to: Shalom House and mail to:

P.O. Box 196

Montpelier, VA 23192

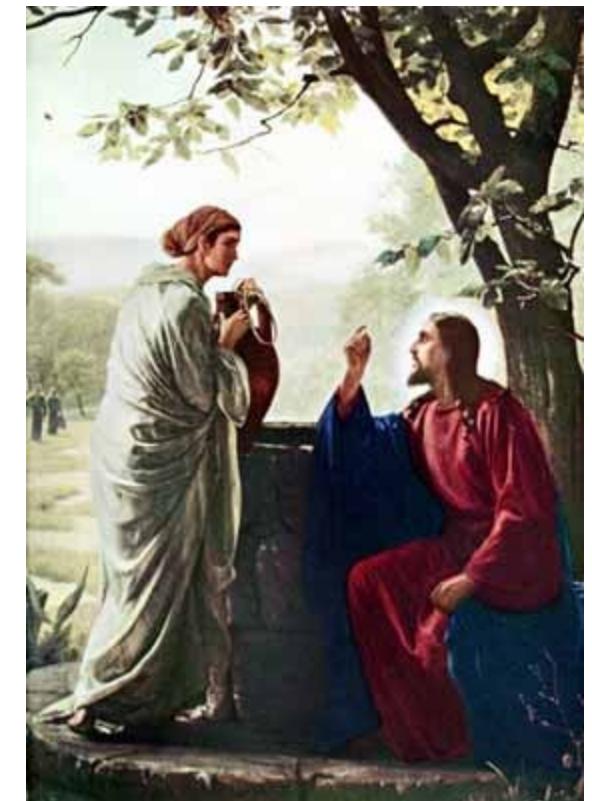


For additional information call
804-883-6149

Shalom House Retreat Center

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"Indeed, the water I give will become a spring of water welling up to eternal life." John 4:14

About the Retreat



A photograph of a circular stone well or baptismal font. It is constructed from large, rectangular stones arranged in a concentric circle. The well is set in a grassy area with fallen leaves scattered around its base.

The Samaritan Woman directed retreat is a way of pray-

ing through writing while reflecting on Chapter 4 of the Gospel of John. The retreat, developed by Almita Bey-Carrion, M.A., integrates the dynamics of the Spiritual Exercises of St. Ignatius, Jungian psychology, Scripture theology, lectio divina and AA Twelve-step programs.

Are you wrestling with second half of life issues?

Are you entering a new phase of spiritual growth?

Are you feeling stuck or spiritually dry?

Are you facing a life transition?

Retreat Directors

Sr. Charlotte Lee entered the Benedictine Sisters of Virginia in 1996. She has been on staff at the Benedictine Pastoral Center for 15 years. She has facilitated contemplative prayer groups, led workshops, retreats, scripture studies, and has walked with others as a Spiritual Director for 25 years. She is Oblate Director of the community. Seeking God with others and sharing the Benedictine way of life fills her heart with joy and the inexpressible delight of love. Sister Charlotte ministers as a spiritual director in Richmond and Bristow. She facilitates the Samaritan Woman Retreat, and other workshops on Benedictine spirituality.

Annie McEntee is an Oblate of St Benedict. She holds a Masters degree in Pastoral Studies from Loyola University, New Orleans. She is a native of Richmond, Virginia, where she led Adult Faith Formation and the RCIA at St Michael Church for 17 years. She has led and given many retreats over the years. She is currently on staff here at Shalom House.

Mary Alexander has been director of Shalom House since 2009. She holds a Masters degree in Educational Psychology and completed doctoral coursework in counseling. She is a graduate of the Chester P. Michael Spiritual Direction Institute and the Lexington Diocese Lay Ministry Formation program. She completed the Samaritan Woman retreat in Summer 2013.



Where is your well and why do you keep returning there?

This retreat may be for you.

Name _____

Address

Home Phone

Cell Phone or Work Phone

Email Address

Have you had past experience with spiritual direction? YES NO

Tell us about previous growth experiences you have had (workshops, retreats, etc.)

Why are you seeking this retreat at this time?